

# Take care of your health with support from UBS

Flu shots and biometric screenings

UBS cares about your well-being, which is why we're pleased to support key preventive health actions, like flu shots and biometric screenings. Both are offered at no cost to you and can be accessed in a variety of ways, so it's as easy as possible for you to stay on top of your health.



# Get protected with a flu shot

Flu vaccinations are available at no cost to employees, their spouse/partner and covered dependents 18+ years of age (even if you aren't covered by a UBS-sponsored medical plan).

#### HOW TO GET YOUR FREE FLU VACCINATION



#### **OPTION 1**

# Visit a participating UBS Employee Health Center

We have arranged for the safe administration of free flu shots at the UBS Employee Health Centers located in Weehawken, Nashville, Raleigh and New York. Visit **mypremisehealth.com** to make an appointment for a flu shot.



#### **OPTION 2**

## Visit a participating pharmacy

UBS is working with TotalWellness to provide flu shot vouchers for the 2024-2025 flu season. The voucher below can be redeemed one time through January 31, 2025, for a no-cost Quadrivalent flu shot at a participating pharmacy.

Access the full pharmacy list by visiting the US Benefits microsite at **ubs.com/usbenefits** (use the pharmacy search link to search for your preferred participating location by name and/or ZIP code) or by calling the TotalWellness Help Desk at **+1-888-434-4358 x127**.

#### NOTES:

- Complete the pharmacy card below with your name and Employee GPN. If your spouse, domestic partner or dependent aged 18+ would like to participate, they must complete the pharmacy card using the Employee GPN with DP (dependent) numerically sequenced as needed (e.g., 12345678DP, 12345678DP1, 12345678DP2, etc.).
- Verify pharmacy hours and vaccine availability directly with your pharmacy. When redeeming your voucher, the pharmacy may require that you provide personal identifiable information, including but not limited to your name and birth date. For participation purposes, your name/unique ID may be shared with UBS, indicating that you received a flu shot through the voucher program.
- Preservative-free vaccine is subject to availability; excludes intradermal and high-dose vaccinations.

TOTALWELLNESS	
Flu Shot Program Pharmacy Card	FI
Name:	Name: _
ID Number:	ID Numl
Person Code: 00 RX BIN: 610011 PCN: IRX RX Group: TWUBS2024 Expires 1/31/2025	Person ( RX Grou

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# Know your numbers with a biometric screening

With a biometric screening, you and your doctor can get important health and wellness information that can help identify new health risks and issues or manage existing conditions.

#### HOW TO GET YOUR BIOMETRIC SCREENING



#### **OPTION 1**

# **Visit a Quest Diagnostics Patient Service Center**

To make a screening appointment, visit https://my.questforhealth.com.



#### **OPTION 2**

### Visit a participating UBS Employee Health Center

Visit **mypremisehealth.com** to make an appointment for a biometric screening. Your Premise Health provider can assist with submitting the required form directly to Quest. Quest must receive the submission on or before December 31, 2024, to receive the incentive for 2024. The 2025 form will be available in February 2025.



#### **OPTION 3**

# Visit your primary care physician

You may choose to receive your screening from your personal physician (as part of your annual wellness visit). Prior to your visit, download the Physician Results Form from the Wellness Screening section of the Quest website at **https://my.questforhealth.com**. Have your physician complete the form and fax it (844-560-5221) to Quest on or before December 31, 2024, to receive the incentive for 2024. The 2025 form will be available in February 2025.



#### **OPTION 3**

# Order a home testing kit

To order your home testing kit, go to https://www.ehealthscreenings.com/signup.

- Under the NOT YET REGISTERED? box, enter the Screening Key: UBS04 and click Submit.
- Enter your assigned default username and password and click on Verify My Account.
  USERNAME: First Initial Capitalized + Last Initial Capitalized + DOB (MMDDYYYY)
  (example: John Smith born 4/23/1975 is JS04231975)

**PASSWORD:** Last Name + Last 4 digits of SSN (example: John Smith with SSN 123456789 is Smith6789) *Note: Username and Password are case sensitive.* 

Follow the onscreen instructions to complete the order. You will receive a confirmation email with instructions and further details. If you need assistance, please call Premise-EHS Customer Service at +1-888-708-8807, ext. 1, Mon-Fri 7:00 a.m.-6:00 p.m. CT.

If you're registering for the first time on the Quest website (https://my.questforhealth.com), use code UBS2024 (if you are completing the screening in 2024) or use code UBS2025, which will be available in February 2025 (if you're completing the screening in 2025) as the Registration Key and your GPN as the Unique Identifier. (Example: Employee: GPN (Ex: 12345678), Spouse: Employee GPN+SP (Ex: 12345678SP), Domestic Partner: Employee GPN+DP (Ex: 12345678DP)).

All benefits-eligible employees have access to their wellness portal and may participate in and complete the offered wellness incentives. If you (and/or your covered spouse/domestic partner) are enrolled in a UBS medical plan, UBS will contribute \$125 into your 2025 HSA or HRA upon the completion of your biometric screening. Only employees enrolled in the CDHP medical plans and their enrolled spouse/domestic partner are eligible to earn wellness incentives upon the successful completion of certain wellness activities. The maximum annual wellness incentive is \$400 for an individual or \$800 for a family.

